

Autoinflammatory syndromes 23 years!

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Rheumatology Course**

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Auto-inflammatory diseases: Action plan

- Definitions and taxonomy
- Essential aspects of the phenotypes
- Mutation and hypotheses on downstream effect
- Strategy for initial management steps
- Where to find more? 

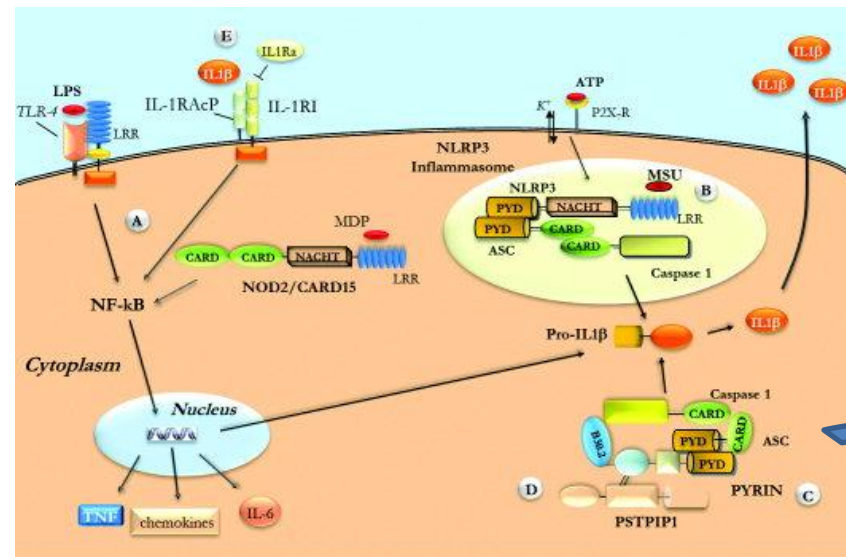
AUTOINFLAMMATORY DISEASES: CLASSIFICATION

- **MONOGENIC (Mendelian)**
- **COMPLEX GENETICS:** so-JIA, **PFAPA**, CRMO, BS, PG and many others
- **INTERFERONOPATHIES:** AGS (*), SAVI (*), CANDLE (*), JDM, SLE

(*) monogenic

Autoinflammatory diseases by mechanism

- **NALP3 Inflammasome:**
 - Intrinsic: CAPS (CINCA, MWS, FCAS1)
 - Extrinsic or Pyroosome: PAPAS, FMF, HIDS, Majeed
- **NFkB activation:** Blau syndrome, CAMPS(CARD14)(*)FCAS2 (NLRP12)
- **Protein processing:** TRAPS, HIDS, Nakajo-Nashimura/CANDLE (**Proteasome**)
- **Cytokine Signaling:** DIRA, DITRA (IL-36Ra), STING related (SAVI)
- **Other intracellular effects:** APLAID (**)
- **Structural effect on tissue:** ADA2 deficiency associated vasculopathy



(*) CARD1 mediated pustular psoriasis
 (**) Autoinflammation and PLCG2-associated antibody deficiency

SPEC FORMATION

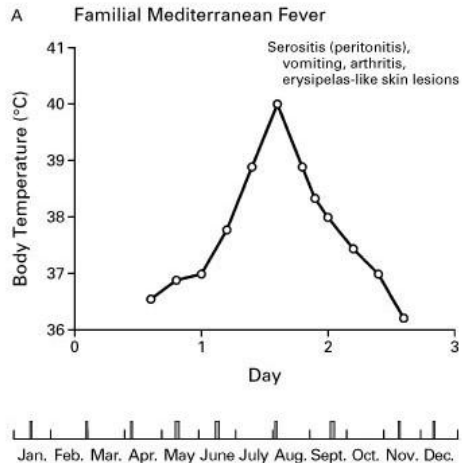
NAME	MUTATION	INHERITANCE	PROTEIN	Phenotype	REFERENCE
FMF	<i>MEFV</i>	AR (?)	Pyrin	Periodic fever	Int. FMF con .1997
TRAPS	<i>TNFRS1A</i>	<i>AD-de novo</i>	TNFR1	Periodic fever	Mac Dermott 1990
HIDS	<i>MVK</i>	<i>AR</i>	Meval. Kynase	Periodic fever	Drenth 1999
FCAS1	<i>NLRP3</i>	<i>AD</i>	Cryopirin	Cold induced AI	Hoffman 2001
FCAS2 (Guad.)	<i>NLRP12</i>	<i>AD</i>	NLRP12	Cold induced AI	Jeru , 2008
MWS	<i>NLRP3</i>	<i>AD</i>	Cryopirin	Urtic., sens. hl	Hoffman 2001
CINCA-NOMID	<i>NLRP3</i>	<i>AD-de novo</i>	Cryopirin	Severe AI	Aksentjevich 2002
PAPA	<i>PTSPPIP1</i>	<i>AD</i>	PTSPPIP1	Py.A, PG, Acne	Wise 2002
Blau	<i>NOD2</i>	<i>AD</i>	NOD2	Arthritis, uveitis	Miceli-Richard ,2001
PRP & CAMPS	<i>CARD14</i>	<i>AD</i>	CARD14	PPs	Fucks /Jordan,2012
Majeed	<i>LPN2</i>	<i>AR</i>	Lipin2	CRMO, myelodispl	Ferguson, 2005
DIRA	<i>IL-1RN</i>	<i>AR</i>	IL-1Ra	CRMO, PPs	Aksentjevich 2009
CANDLE	<i>PSMB-8</i>	<i>AR</i>		Pannic/lypodistr	Agarwal ,2010
DITRA	<i>IL-36RA</i>	<i>AR</i>	IL-36Ra	PPs	Marrakchi, 2011
H syndrome	<i>SLC29A3</i>	<i>AR</i>	hENT3	7 H's	Vered Molho, 2008
APLAID	<i>PLCG2</i>	<i>AD</i>	PLCG2	Bullae, ID	Zhou, 2012
ADA2	<i>CECR1</i>	<i>AR</i>	ADA2	Stroke/PAN	Zhou/Elkan 2014
SAVI	<i>TMEM173</i>	<i>AD?</i>	TMEM173	Skin vascul/ILD	Liu 2014
Rec. MAS	<i>NLRC4</i>	<i>AD?</i>	NLRC4 (IPAF)	Recurrent MAS	Canna 2014

WHEN TO SUSPECT MONOGENIC AID?

- Periodic fever with variable inter-critical period and duration
- Intense but transient acute phase reaction and preserved growth (mostly)
- Age before 10 yr (mostly)
- Positive family history (recall: variable to absent phenotype)
- Ethnicity
- Urticarial rash, pustular psoriasis, pyoderma gangrenosum, Sweet's, panniculitis, lipoatrophy
- Seronegative chronic or recurrent arthritis
- Panuveitis
- Early onset sharp (livedoid) pernio, PAN and stroke
- Severe multiostotic osteitis

Pattern I: PERIODIC FEVERS

FMF clinical features



- Fever: sudden rise, short duration, irregular interval
- Sterile peritonitis (90%) and other serositis
- Erysipeloid erythema (40%)
- Intermittent monoarthritis (75%) (can be a distinct feature)
- Episodes of LCV (HSP-like)
- Recessive (big debate) MEFV1 coding for Pyrin. Secondary activation of NALP3 inflammasome vs direct activation of Caspase

TRAPS clinical features



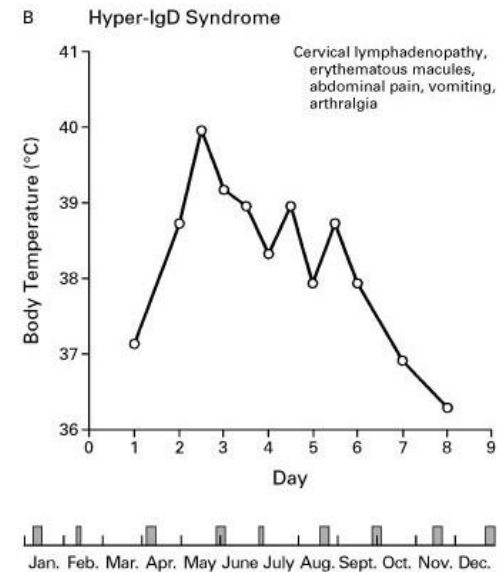
- Episodes can be very long and sporadic
- Migratory macular rash
- Conjunctivitis and/or periorbital edema
- Migratory myalgia, monoarthritis
- Serositis
- AD due to mutation in TNFR1. **Protein misfolding**



HIDS clinical features



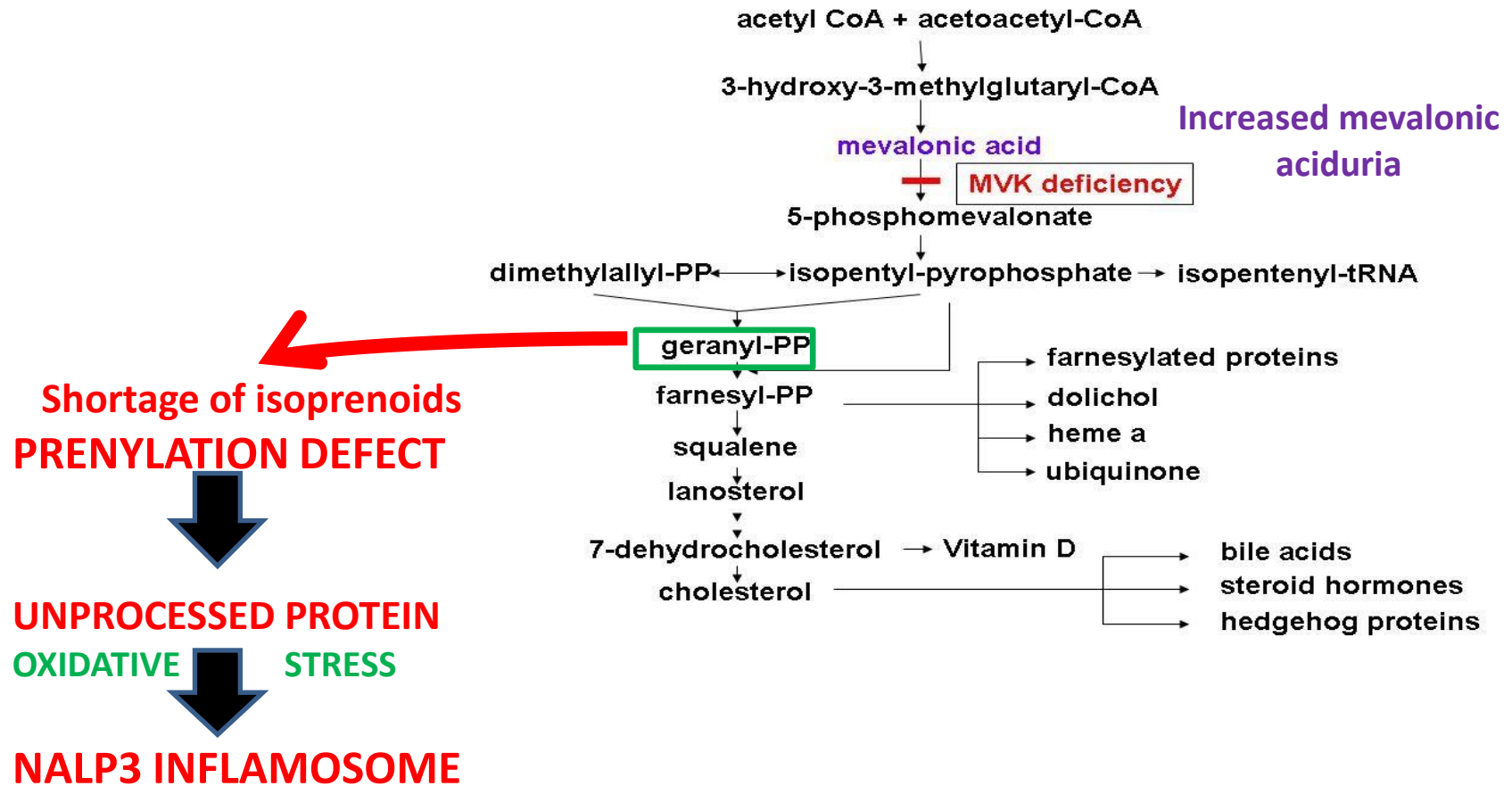
- Onset before 1 year
- Constitutional Sxs followed by sharp rise in fever with chills for 3 to 7 days and gradual defervescence
- Maculo-papular rash (petechiae, purpura)
- Polyarthralgia, occasional arthritis/myalgia
- Severe abdominal pain, vomiting, diarrhea, aphthous stomatitis (PFAPA-like)
- Prominent cervical Lymphadenopathy (PFAPA-like)
- H-Smegaly (not PFAPA like)
- High U/Mevalonic during attacks, IgD (>100 IU/ml)
- AR due to mutations in MVK. **Protein processing (prenylation defect)**



With appreciation to Carine Wouters MD, PhD UZ Leuven

Mevalonate Kinase Deficiency

Defects of cholesterol biosynthesis



*Pattern 2: PERSISTENT FEVER &
CHRONIC INFLAMMATION*

Boy 10 yrs with chronic recurrent urticaria since birth

- Conjunctivitis
- Headaches
- Arthralgia, myalgia
- Malaise
- Mother with hearing loss
- Sibling with urticaria since age 2
- Anemia, elevated ESR and CRP



Heterozygous mutation p.Thr348Met in CIAS-1/NLRP-3 gene

With appreciation to Carine Wouters MD, PhD UZ Leuven

CAPS clinical features

Intrinsic inflammasome dysregulation

Non-periodic fever and urticarial rash

Clinical severity



FCAS1

Attacks after
cold-exposure
< 24 hr

MWS

Conjunctivitis
Sensorineural hearing loss
Cold urticaria
Risk amyloidosis

CINCA

Infantile-onset
Chronic meningitis
Arthropathy
Amyloidosis
Continuous with
exacerbations

Inflammatory Organ Manifestations in Neonatal-Onset Multisystem Inflammatory Disease before (Panels A, C, E, and G) and after (Panels B, D, F, and H) Treatment with Anakinra.

DESIGN

Open label

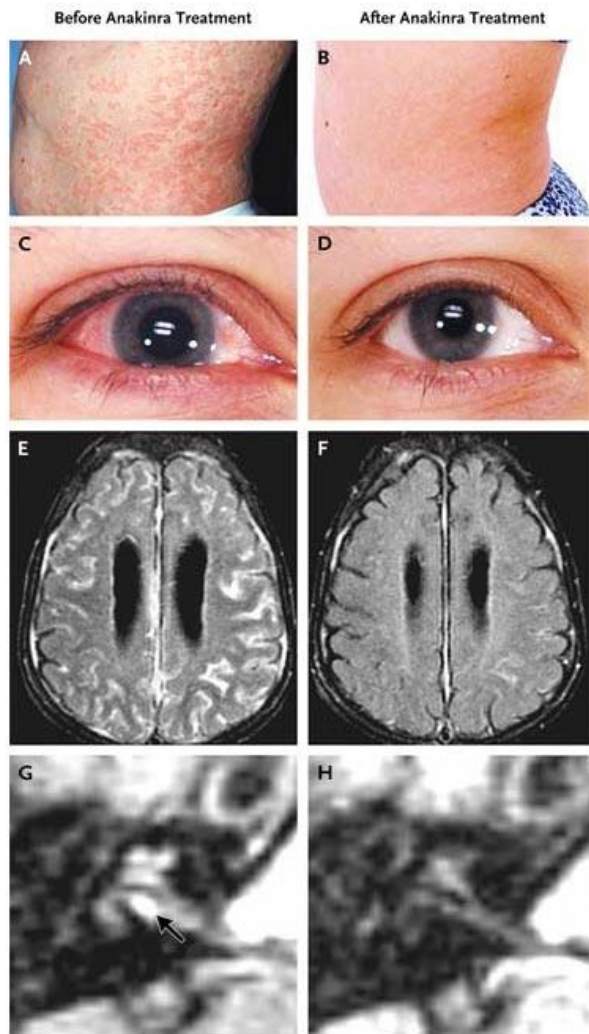
n+=18 NOMID patients

Anakinra: 1-2 mg/kg

D/C @ 3months in11

End points:

- Score changes in diary
- Labs @ baseline, 3 mos. & flare
 - Amyloid A
 - ESR
 - CRP



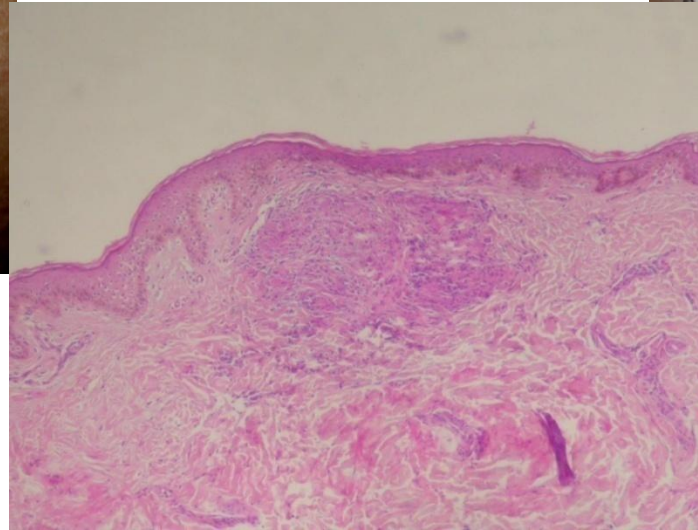
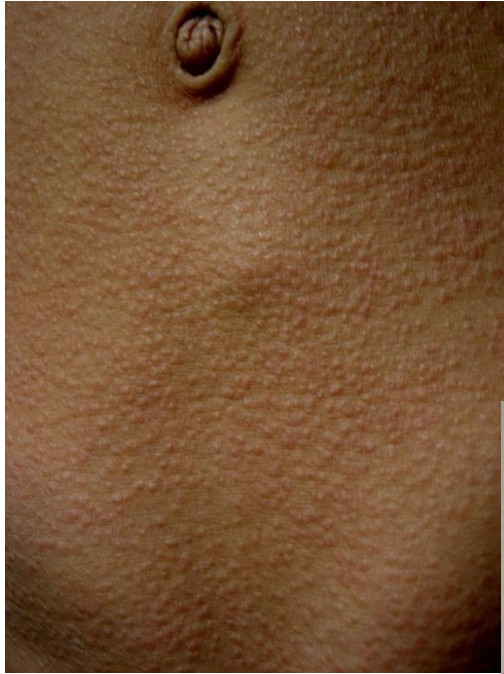
RESULTS

- All 18 rapid response
- Scores improved ($p<0.001$)
- CRP median: 5.2 to 0.34
- All labs $p<0.001$
- Relapse within days after withdrawal
- No AEs

Long term still ongoing
clinicaltrials.gov

*Pattern 3: CHRONIC & RECURRENT
ARTHRITIS*

BLAU SYNDROME



- Triad of polyarthritis, uveitis and granulomatous dermatitis
- Non-caseating epithelioid cell granulomas in biopsy tissue
- Familial (Blau syndrome) and sporadic (Early Onset Sarcoidosis) form
- Mutations in or near NACHT domain of *NOD2*

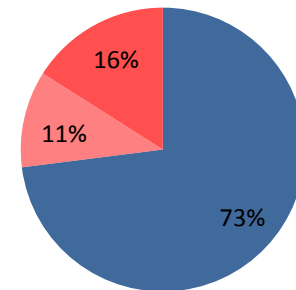
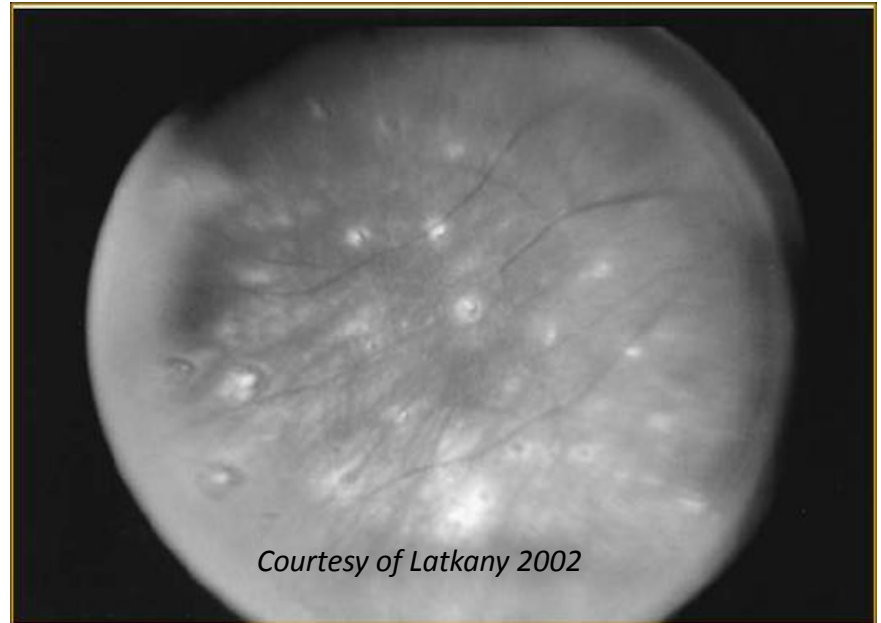
BLAU SYNDROME: OCULAR DISEASE

ANTERIOR

- KPs limbus
- Iris nodule
- BK
- Focal synechiae
- Cataract, Glaucoma

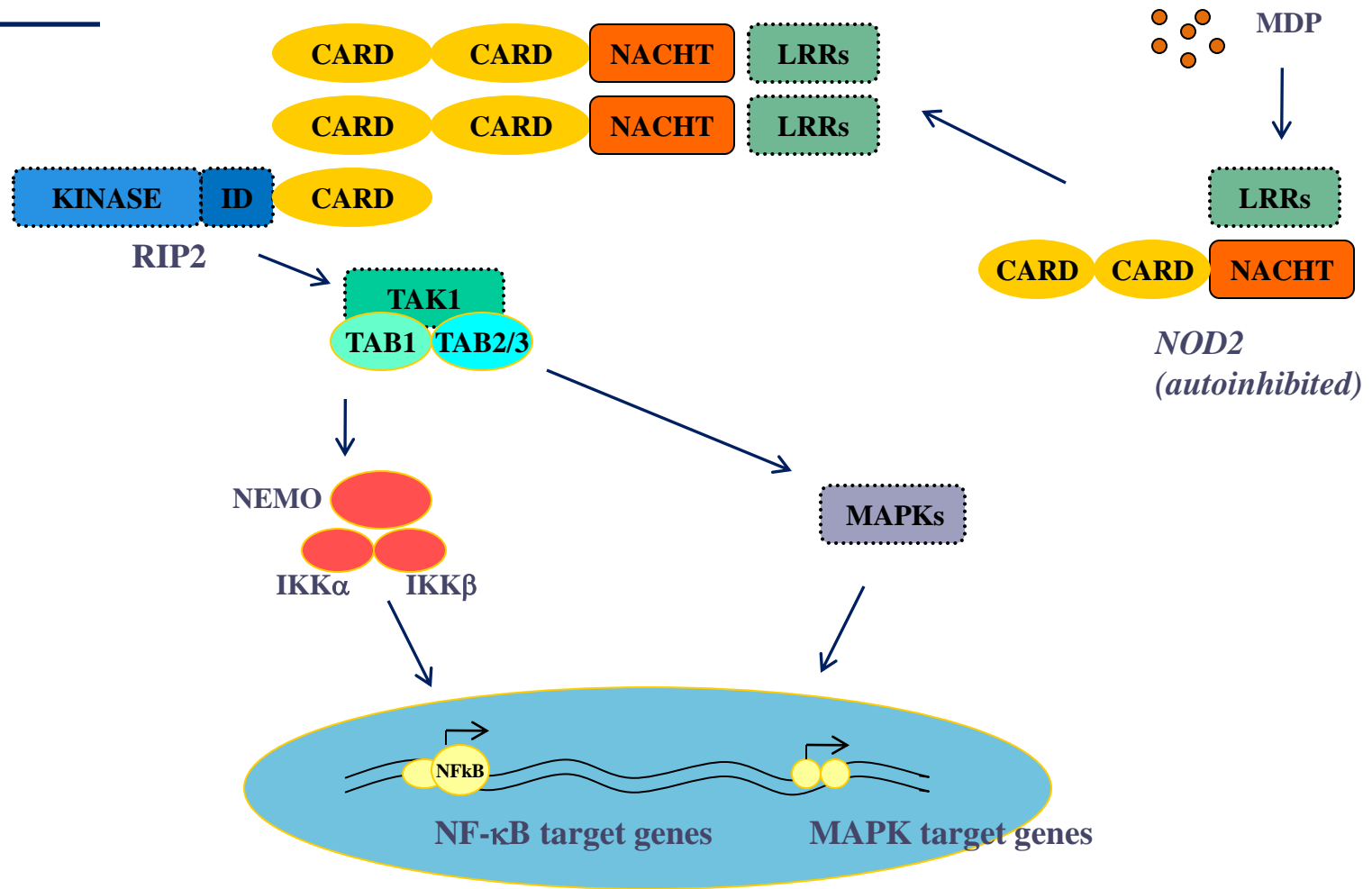
POSTERIOR

- Multifocal chroiditis
- Retinal vasculitis
- Macular edema
- Persistent vitritis**



■ Normal vision

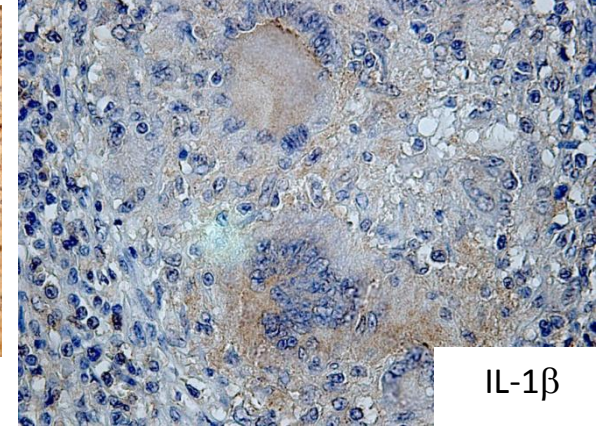
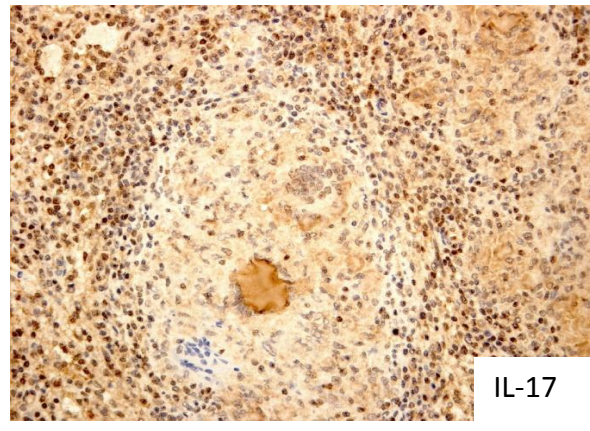
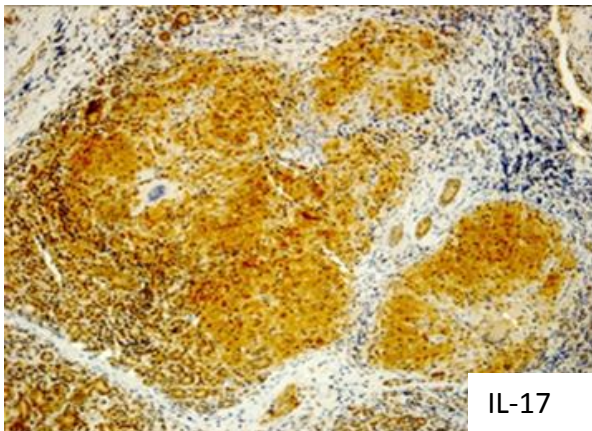
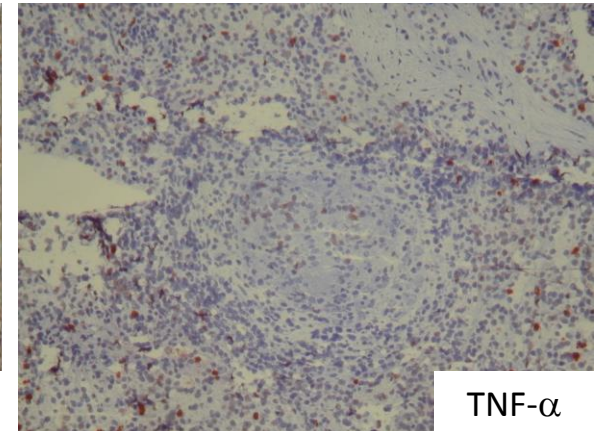
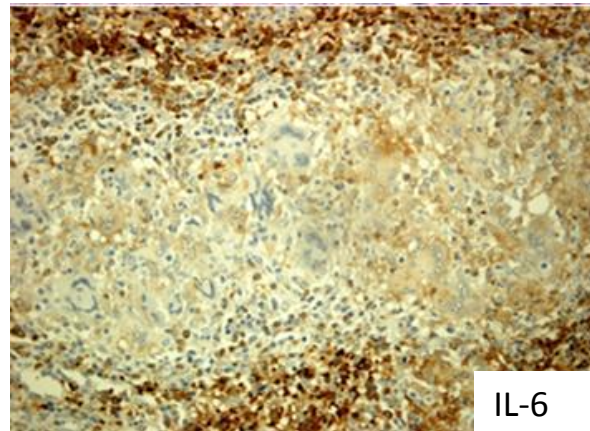
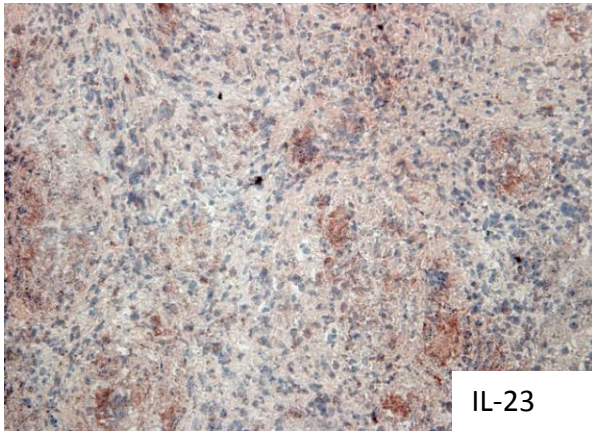
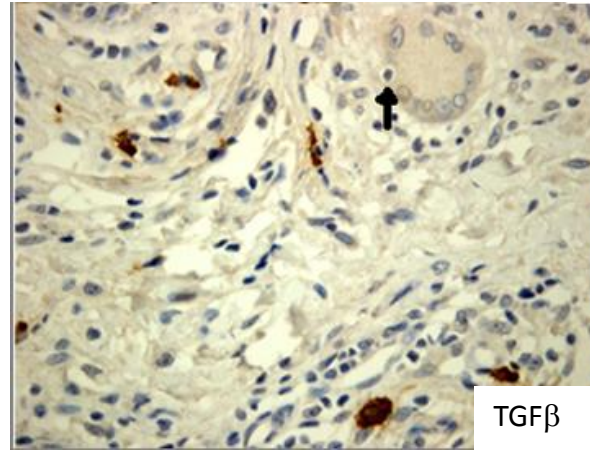
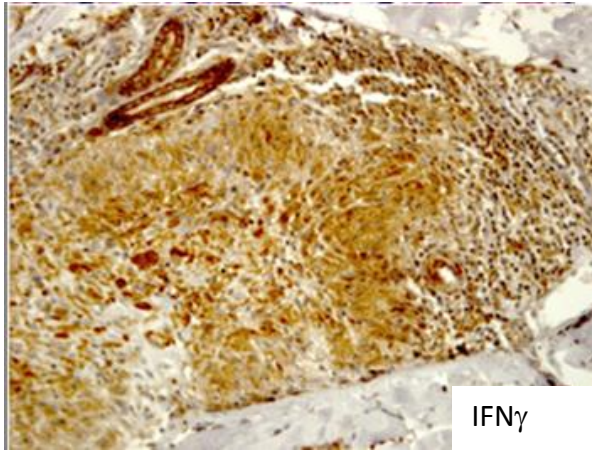
NOD2



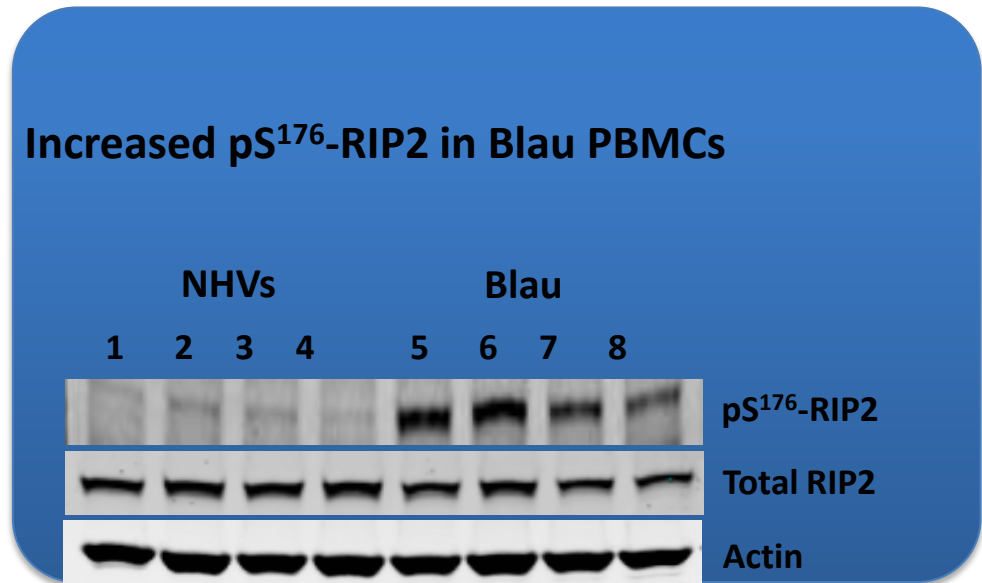
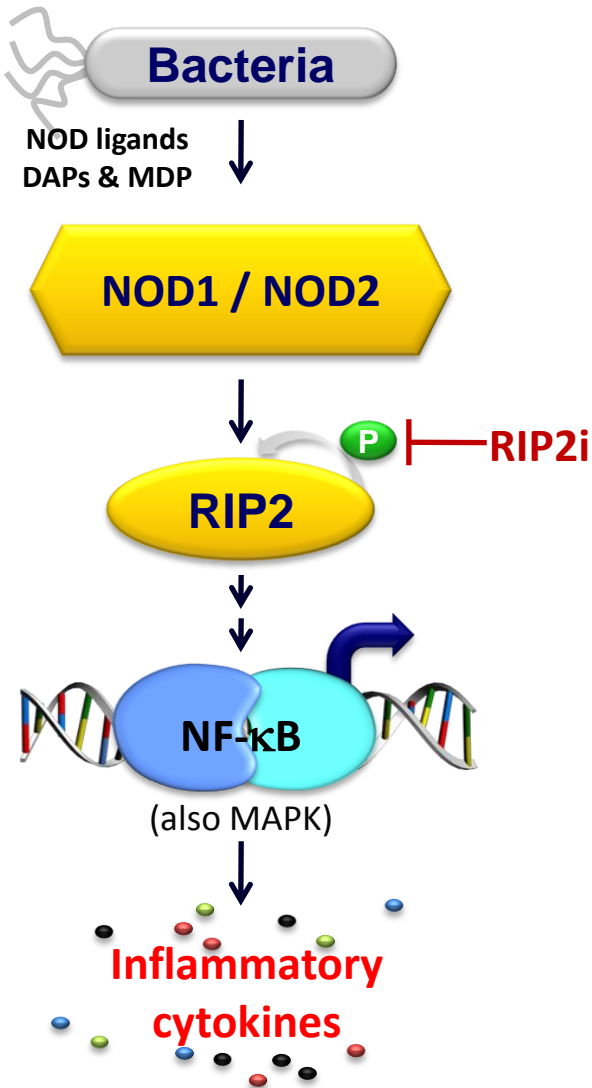
Intracellular pattern recognition receptor of bacterial peptidoglycan molecules
Recruitment of RIP2 kinase protein through CARD-CARD interaction
Activation of transcriptional factors & caspases, secretion of cytokines & chemokines

Blau granulomas

Inflammatory cytokine expression *in situ*

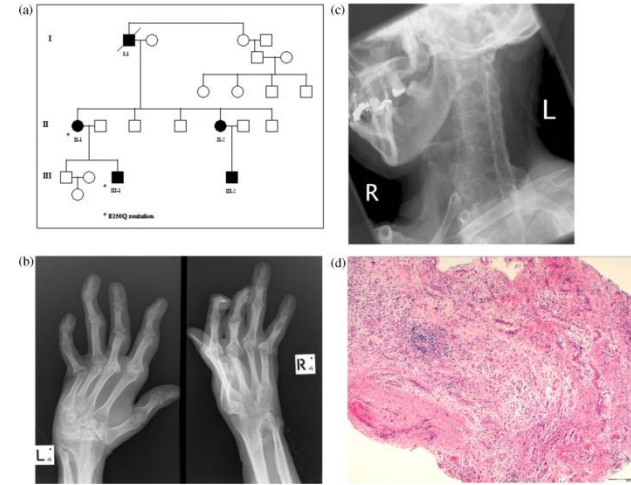


RIP2 Kinase-Mediated Signaling



Demonstration of increased pS¹⁷⁶-RIP2 levels in Blau patient PBMCs using a GSK's custom rabbit mAb F8

Pyogenic Arthritis Pyoderma gangrenosum and Acne



- Episodic large joint pyogenic destructive and ankylosing arthritis with onset in early childhood (1/3 in Eurofever Registry: non episodic)
- Cystic acne and pyoderma gangrenosum/pathergy in adolescence
- Gain of function AD mutation in the PSTPIP1 (exCD2BP), a binder of pyrin with promotion of pyroosome formation

*Pattern 4: PUSTULAR PSORIASIS
WITH /WITHOUT OSTEITIS*

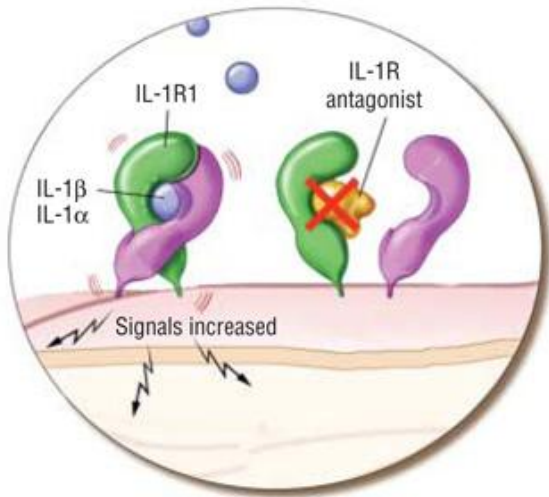
Deficiency of IL-1 Receptor Antagonist (DIRA)

Mutations in IL1RN encoding endogenous IL-1 receptor antagonist

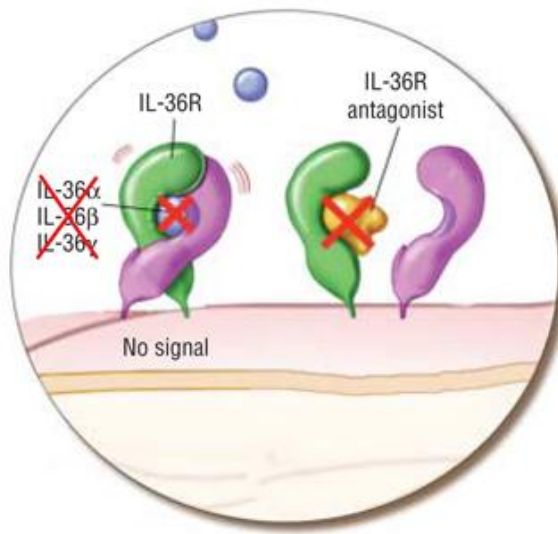


- Systemic inflammation neonatal period
- Pustular skin lesions, generalized pustulosis
- Multifocal osteolytic bone lesions, periostitis

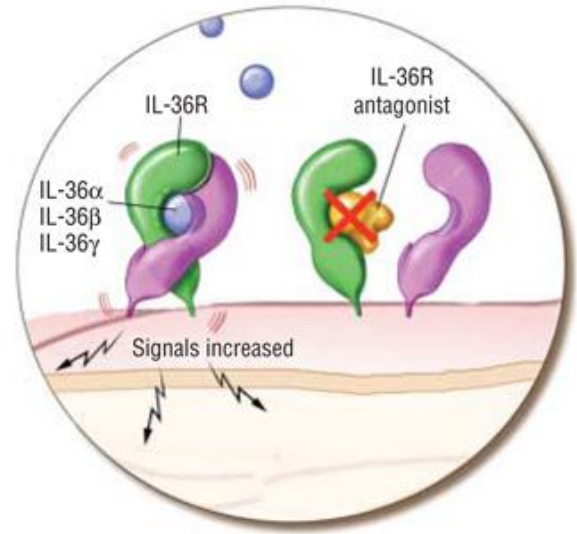
DIRA
IL-1R type I (IL-1R1) system

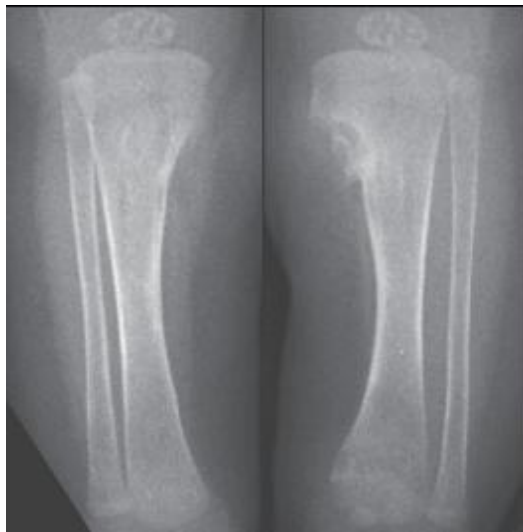


DIRA Puerto Rico
IL-36R system
(defect in addition to loss of IL-1R antagonist)



DITRA
IL-36R system





Prompt and dramatic improvement with IL-1 receptor antagonist therapy

N Eng J Med, 2009

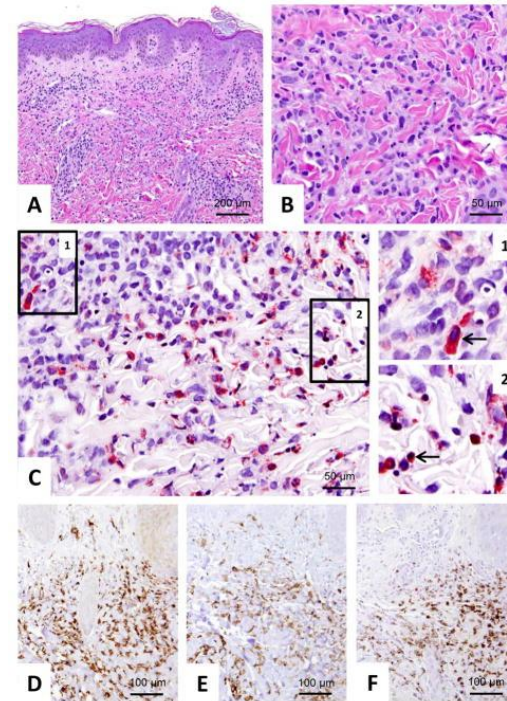
MAJEED

- Severe episodes of sterile osteomyelitis
- Dyserythropoietic microcytic anemia
- Sweet syndrome
- Autosomic recessive hypomorphic mutation of LPIN2 (mouse model is PTSPIP2)

PANNICULITIS/LIPOATROPHY

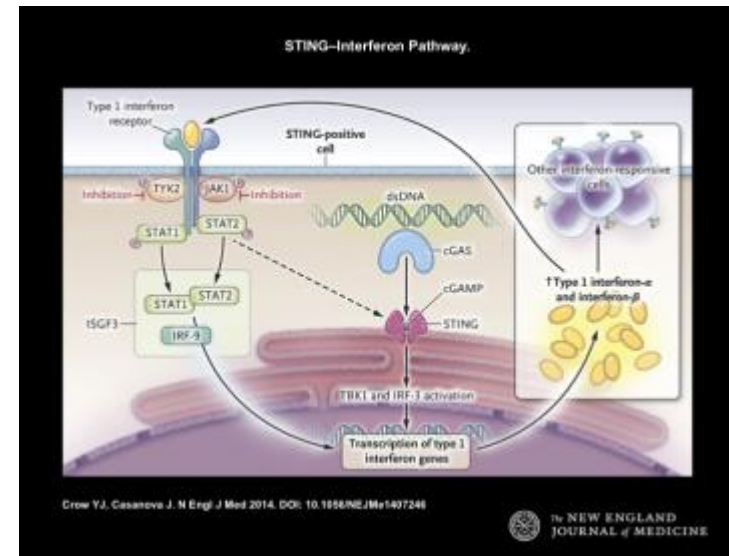
Chronic Atypical Neutrophilic Dermatitis with Lipodystrophy and Elevated temperature

- Younger than 6 months
- Periodic fever with purpuric annular plaques
- Later orbital erythema and lipodystrophy
- FTT
- **Interferon signature**
- Autoantibodies +/-
- Proteasome dysfunction due to mutation of PSMB8 gene



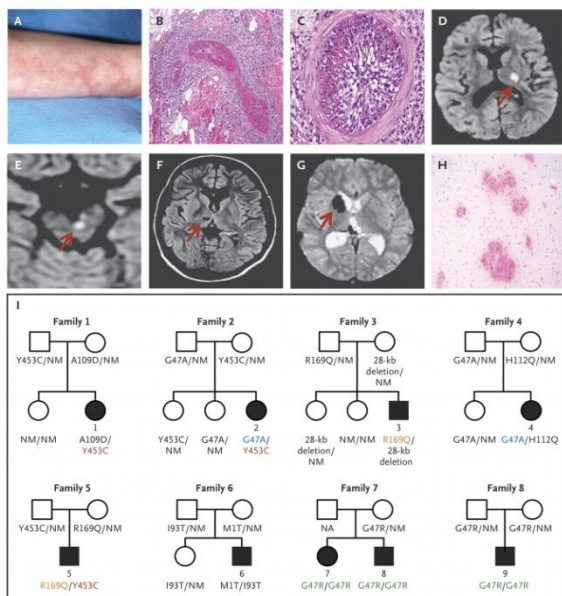
VASCULAR

STING Associated Vasculopathy with onset in Infancy

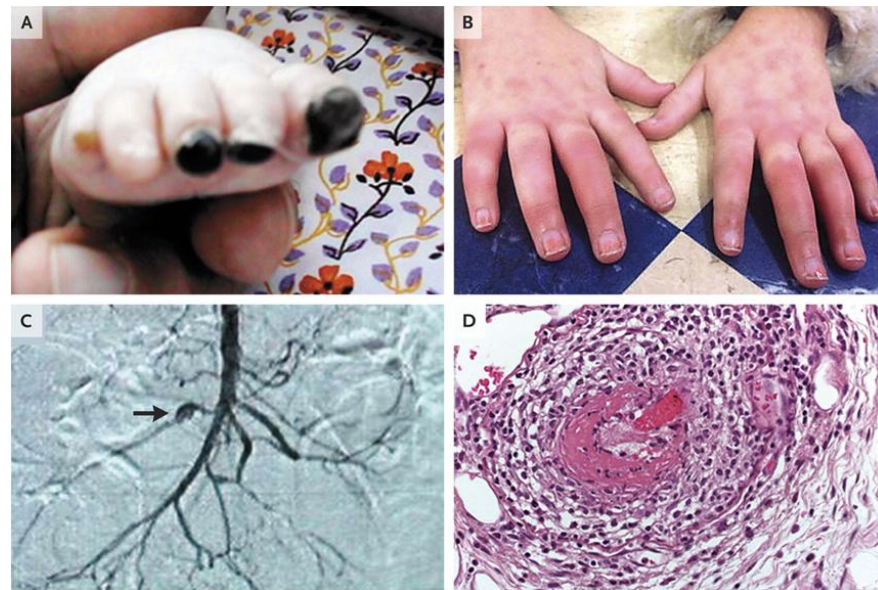


- Neonatal onset of inflammatory syndrome
- Fever and rash (blisters, pustules, telangiectasia) in face, ears and dorsum of hands. Vasculitic looking plaques.
- Capillary tortuosity and vasculitis with acroosteolysis and autoamputation
- Interstitial lung disease
- Gain of function mutation of TMEM173 encoding STING (Stimulator of interferon genes) leading to oversecretion of Interferon beta

ADA2 (CERC1)



Zhou Q et al. N Engl J Med 2014;370:911-920.



Navon Elkan P et al. N Engl J Med 2014;370:921-931.

- Inflammatory events with pernio (Bx perivascular or vasculitic)
- Sub cortical stroke with inflammation and hemorrhage on recurrence
- Pericyte function, discovered by exome sequencing and proven on zebra fish
- New phenotype associated with Castleman's

- 5 pedigrees AR inheritance
- Caucasian (Georgian jews and german)
- Typical PAN pattern with more pernio and CNS involvement

Management

- If you don't know what it is try colchicine for the “periodics” and anti-IL-1 for the persistent febrile diseases (CAPS)
- If you know what it is **pray** that il-1 is involved (TRAPS, HIDS, DIRA)(good luck)
- NFkB mediated: anti TNF is a good start. Consider Toci
- Methotrexate works for arthritic diseases. PAPA is a nightmare
- Interferonopathies (CANDLE, SAVI) may respond to JAK inhibitors: the “ibs”

